

This booklet is part of a range of publications produced by Hutton CE Primary School and offered to parents/carers as support materials. Please do not hesitate to talk to our class Learning Mentor Mrs Helen McCollum if you would like further guidance or support. Booklets in this range

1. Tips for Good Listening.
2. How to give children more confidence.
3. Helping children to get on with each other.
4. Tips to remember when you need to make a stand.
5. Tips when giving your child instructions.
6. How to deal with difficult situations.
7. Tips for dealing with anger.
8. Tips for dealing with dishonesty.
9. Tips for dealing with tantrums.
10. How to help children be good.
11. Childhood Illnesses & head Lice.
12. Tips on using Technology
13. Tips on using Gaming Devices
14. Tips on using Mobile Devices
15. Tips on reward/behaviour charts.



Parent Survival Guides

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Tips on Reward/ Behaviour Charts

1. Start the process of making a chart with Family Rules.

- Sit down with all of the family and all of the family are need to be involved in the rule making process. This will help the children to understand the rules and why they are needed.
- Talk about why the family rules are important and how the chores are shared.
- Right down the rules and be clear.
- Discuss the consequences and decide what will happen if the rule is broken. This will give the children ownership of the rules. Penalties could be loss of TV or no TV, time out, grounding etc.
- Make the rules positive rules. 'Do' rules... Do leave your bedroom tidy in the morning rather than don't leave your room untidy. Other 'do' rules could be do respect other peoples belongings, do be kind with actions and words, do tell the truth etc
- Put the rules in a spot where everyone can see them
- Use the family rules as a basis for your reward /behaviour chart.

Remember include all of the family, including small children, as everyone will understand and work together.

2. How to make a Reward/Behaviour chart

- Once you have established some family rules then you can continue and make a reward/behaviour chart.
- Keep it simple
- Make it achievable
- Include the rewards on the chart so the children can see what

This is just a very simple example of a reward/behaviour chart.

	Mon	Tue	Wed	Thurs	Fri	Sat	Sun
Do brush your teeth in the morning							
Lay the table							
Read your school reading book each day							

Rewards

- Time together to watch a movie or something you would like
- A trip to the beach/park for 1 hour