

This booklet is part of a range of publications produced by Hutton CE Primary School and offered to parents/carers as support materials. Please do not hesitate to talk to your class Learning Mentor Mrs Helen McCollum if you would like further guidance or support.

Booklets in this range

1. Tips for Good Listening.
2. How to give children more confidence.
3. Helping children to get on with each other.
4. Tips to remember when you need to make a stand.
5. Tips when giving your child instructions.
6. How to deal with difficult situations.
7. Tips for dealing with anger.
8. Tips for dealing with dishonesty.
9. Tips for dealing with tantrums.
10. How to help children be good.
11. Childhood Illnesses & head Lice.
12. Tips on using Technology
13. Tips on using Gaming Devices
14. Tips on using Mobile Devices
15. Tips on reward/behaviour charts.



Parent Survival Guides No 4 Tips to remember when taking a stand.



1. Ask yourself if what you are about to say or do could make your child feel bad inside.



When we are angry we can say things that hurt. If we tell our children they are useless, stupid, lazy, a liar or a thief they may grow to believe it.

2. Avoid raising your voice. Try to remain calm and avoid being drawn into an argument.

Children always copy adults and you could end up with loud aggressive children.



3. Explain the reasons why you need to make a stand and try to start with the smallest punishments, that you can carry out. Don't make them impossible. You can always make them bigger.

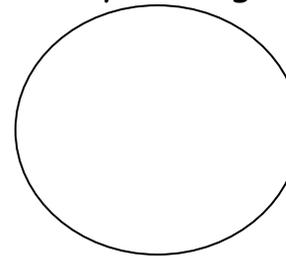
NO TV for 10 minutes. NO friends around tomorrow.
Clear up the mess in the bedroom/ bathroom etc.

4. Try turning a moan into a helpful remark.



"I'm really surprised that a kind boy like you could do "....." like that."

5. Try writing the consequence on a piece of paper.



Give the child ideas



"Because you came in late you will go to bed 15 minutes early. I will rip this up if you water the plants or wash the dishes."

6. Praise the behaviour that you like. (Not surprisingly, it works better than scolding the behaviour you don't like). Eg We really like it when.....

