

This booklet is part of a range of publications produced by Hutton CE Primary School and offered to parents/carers as support materials. Please do not hesitate to talk to our class Learning Mentor Mrs Helen McCollum if you would like further guidance or support. Booklets in this range

1. Tips for Good Listening.
2. How to give children more confidence.
3. Helping children to get on with each other.
4. Tips to remember when you need to make a stand.
5. Tips when giving your child instructions.
6. How to deal with difficult situations.
7. Tips for dealing with anger.
8. Tips for dealing with dishonesty.
9. Tips for dealing with tantrums.
10. How to help children be good.
11. Childhood Illnesses & head Lice.
12. Tips on using Technology
13. Tips on using Gaming Devices
14. Tips on using Mobile Devices
15. Tips on reward/behaviour charts.



# Parent Survival Guides

## No 5

### Tips when giving your child instructions.



*Please*



1. Say the child's name before giving an instruction.

"Alex, come in now. It's time for tea."



This way you get their attention before you speak.

2. Wait until the child is looking at you before you speak.



"Jimmy, Look at me ."

3. Keep the focus on what you have asked the child to do.

Try to ignore all of the following where ever possible

- \* Huffing
- \* Sulking
- \* Butting in
- \* Answering back
- \* Arguing



4. Use the "Maybe" word to show you have heard their point of view and explain yours.



"Maybe you do want to watch the football—but if we don't go now, the shops will be shut."

5. Show that you expect it will be done and there is no room for argument.

"Anna, would you tidy up those trays ? Thanks "

Avoid using 'can' and 'could'.



6. Offer choices you are happy with and which help children feel they have some say.



"You need to tidy your toys now. Shall I help you or can you do it by yourself?"

(Make sure they really do help).