

This booklet is part of a range of publications produced by Hutton CE Primary School and offered to parents/carers as support materials. Please do not hesitate to talk to our class Learning Mentor Mrs Helen McCollum if you would like further guidance or support.

Booklets in this range

1. Tips for Good Listening.
2. How to give children more confidence.
3. Helping children to get on with each other.
4. Tips to remember when you need to make a stand.
5. Tips when giving your child instructions.
6. How to deal with difficult situations.
7. Tips for dealing with anger.
8. Tips for dealing with dishonesty.
9. Tips for dealing with tantrums.
10. How to help children be good.
11. Childhood Illnesses & head Lice.
12. Tips on using Technology
13. Tips on using Gaming Devices
14. Tips on using Mobile Devices
15. Tips on reward/behaviour charts.



Parent Survival Guides No 6 How to deal with difficult situations.



1. Try to sort things out away from other people.



2.

"Jack, I would like to see you for a moment"

Ask your child to come in a pleasant and firm voice, leave the room yourself and the child will usually follow.

2. Say it with a word. If we nag, preach or put our children down, they resent it and we may give them a low opinion of themselves. Instead, if the child does not seem to hear, try saying it again with just a word. Talk firmly (but quietly), to show you mean business.

3. Say it with a note. If the problem keeps occurring, try saying it with a note pinned to an item. Keep the focus on what you have asked the child to do.

"Please put me in the bin!", Thanks



4. Wait until your child has calmed down and then talk to them in a calm voice.



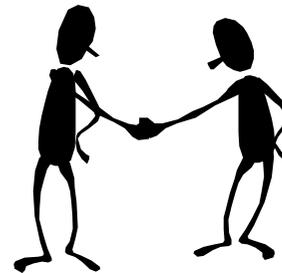
It is harder to sort things out with a cross child. Suggest you both need time to talk.

5. Say "Sorry" when you get things wrong.

You don't have to win. When you say "Sorry" you will be teaching your child to sort problems out, that it's okay to make mistakes and how to get on in the world.



6. Give your child a way out.



"Come on let's make a start on these together."