



**Hutton CE Primary School
Curriculum Statement for the teaching and learning of PE**

Intent

At Hutton CE Primary School we recognise the importance of Physical Education to a child's physical, cognitive, social and emotional development as well as the role it can play in a child's spiritual, moral and cultural development. Physical Education develops the children's knowledge, skills and understanding, so that they can perform with increasing competence and confidence in a range of physical activities. Physical Education promotes an understanding in children of their bodies in action. It involves thinking, selecting and applying skills and promotes attitudes towards a healthy lifestyle. Thus enabling them to make informed choices about physical activity throughout their lives. We aim to provide a broad and balanced P.E. curriculum to aid children's increasing self-confidence in their ability to manage themselves and their bodies within a variety of movement situations. A balance of individual, team, cooperative and competitive activities aims to cater for individual pupil's needs and abilities. In addition to the importance placed on P.E. lessons, we also promote our wider curriculum offer which includes the opportunities for pupils to take part in extra-curricular sports and activity clubs and competitions. Daily physical activity and health enhancing activities also play a crucial role in our offer to pupils. This includes: Mile a Day as well as active break and lunchtimes.

Underpinned by:

Acquiring and Developing Skills

Hutton pupils will learn to apply and develop a range of skills to enable them to become successful games players, dancers, gymnasts and athletes. Their experiences will also be enriched through opportunities for outdoor and adventurous activities.

Evaluating and Improving

Hutton pupils will learn how to compare and comment on skills, techniques and ideas that they and others have used. They will be taught how to use their observations to improve their work and performances.

Health

Hutton pupils will learn the importance of physical activity on their health and be taught to make healthy life choices which will lead to living a healthy and active life.

Dance

Hutton pupils will compose their own dances in a creative, controlled and imaginative way. They will perform to an accompaniment, expressively and sensitively.

Implementation

Broad and Balanced Curriculum

We aim to ensure we provide a broad and balanced curriculum which includes comprehensive coverage of the National Curriculum for Physical Education in EYFS, KS1 and KS2. We invite specialist PE teachers in to deliver cpd to staff and additional lessons to the children. These include dance teachers and cricket coaches.

Daily Physical Activity/Active Learning

We aim to embed at least 30 minutes of physical activity throughout the school day in addition to our P.E. lessons. We aim to make some of lessons active and the children have 'brain breaks' throughout the school day through the initiatives such as mindfulness, yoga, Supermovers and Go Noodle activities. We also provide the children with opportunities to be physically active at break and lunchtimes. Weather permitting, we encourage the use of our gym equipment on the field. Children are encouraged to use our zoned areas in the playground at lunchtimes, which include a bat and ball area, football area, skipping and hula hooping areas, stilts and pogo sticks as well as free play.

Extra-Curricular Activities

The school competes against the other schools in the MAT several times a year. The sports include: netball, tag rugby, archery, curling and athletics. Each year the children in Years 2, 3, and 6 dance at the Playhouse in Weston Super Mare. The children have opportunities to try different sporting activities to help those who prefer more individualised sports, these include: tobogganing, archery, climbing, abseiling, caving and kayaking.

Impact

The pupils leave Hutton Primary School as skilful and intelligent performers. They acquire and develop skills and perform with increasing physical awareness. They have the ability to select and apply skills, tactics and compositional ideas to suit activities that need different approaches and ways of thinking. They set athletics targets for themselves and compete against others. They understand what it takes to persevere, succeed and acknowledge others' success. They take the initiative, lead activities and focus on improving performances. They have the competence to excel in a broad range of physical activities. They lead healthy and active lives and make positive life choices. They have developed positive attitudes to participation in physical activity and embed values such as fairness and respect.

I can do all this through Him who gives me strength. Philippians 4:13