



PE

Our TRUST Curriculum Principles

A Kaleidoscope Schools curriculum has been designed to enable children to develop wide knowledge/ skills and become well rounded and confident individuals who are curious and want to learn. Schools design and develop their own curriculums but encapsulate the following which are linked to the Kaleidoscope 5C's.





Intent

The intent of the Primary PE curriculum is to foster a lifelong love of physical activity, sport, and healthy living among our children. By providing a diverse range of physical activities and sports, the curriculum aims to develop students' physical competence, confidence, and knowledge. It encourages students to lead active and healthy lifestyles, understand the importance of physical fitness, and develop teamwork, leadership, and communication skills. The curriculum is designed to be inclusive, engaging, and enjoyable, ensuring that all students, regardless of their abilities, can participate and benefit from physical education. Through this approach, the Primary PE curriculum seeks to instill positive attitudes towards physical activity and well-being, preparing our children for a healthy and active future.

Implementation

The implementation of our Primary PE curriculum involves a structured and progressive approach to physical education, ensuring that our children build on their skills and knowledge year by year. Teachers deliver high-quality PE lessons that are inclusive, engaging, and tailored to meet the diverse needs of all pupils. The curriculum includes a variety of physical activities and sports, allowing children to explore different forms of movement and develop their physical competence. Regular assessments and feedback help track their progress and inform future teaching. Additionally, we may collaborate with external sports coaches and organizations to enhance the PE experience and provide our pupils with opportunities to participate in competitions and events. Through this comprehensive approach, the implementation of the Primary PE curriculum aims to create a positive and supportive environment where all children can thrive and develop a lifelong love for physical activity.

Impact

Assessment sheets



PE National Curriculum Milestones (Trust Milestones)

Key Theme	Reception	KS1 (Y1–Y2)	KS2 (Y3–Y4)	KS2 (Y5–Y6)
Physical Competence	Develop basic movement skills such as running, jumping, throwing, and catching.	Build on basic movement skills and start to apply them in different activities.	Refine and develop a broader range of skills and apply them in different contexts.	Master a range of skills and use them in different situations, including competitive sports.
Confidence	Encourage participation and enjoyment in physical activities.	Foster confidence in trying new activities and developing skills.	Build self-assurance in applying skills in various activities and sports.	Develop leadership and teamwork skills, and confidence in competitive situations.
Knowledge	Understand the importance of physical activity and healthy living.	Learn about the benefits of regular physical activity and healthy habits.	Gain knowledge of different sports and physical activities, and their rules.	Deepen understanding of the impact of physical activity on health and well-being.
Teamwork and Communication	Participate in group activities and learn to follow simple instructions	Develop basic teamwork and communication skills through group activities.	Enhance teamwork and communication skills in more complex activities and sports	Demonstrate effective teamwork, leadership, and communication in various sports and activities.



Overview 2025-2026

Year/Term	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 1/2	Growing	Explorers	Wide, Narrow, Curled	Linking	Rackets Bats and Balls	Rackets Bats and Balls
	Feet 1	Feet 1	Jumping 1	Jumping 1	Games For Understanding	Games For Understanding
Year 3	Netball	Symmetry & Asymmetry	Canon and Unison	Tennis	Throwing & Jumping	Cricket
	Hockey	Forest School	Boccia	Wild Animals	Running	Orienteering
Year 4	Football	Swimming	Bridges	Running	Forest School	Rounders
	Swimming	Dodgeball	Space	Tennis	Throwing & Jumping	Communication & Tactics
Year 5	Netball	Hockey	Swimming	Swimming	Running	Throwing & Jumping
	Forest School	Health Related Exercise	The Circus	Badminton	Playground Leaders	Cricket
Year 6	Health Related Exercise	Dodgeball	Basketball	Tag Rugby	Rounders	Throwing & Jumping
	Football	Matching & Mirroring	Carnival	Badminton	Running	Problem Solving
		Forest School				Swimming
Year R/1	Ourselves	Growing	High, Low, Over, Under	Wide, Narrow, Curled	Games For Understanding	Games For Understanding
	Feet 1	Feet 1	Jumping 1	Jumping 1	Rackets Bats Balls and Balloons	Rackets Bats and Balls

	Autumn	Spring	Summer
Reception			
Year 1			



Year 2			
Year 3			
Year 4			
Year 5			
Year 6			